SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH

(A DEEMED TO BE UNIVERSITY)

Integrated B.Sc.-M.Sc. Clinical Nutrition and Dietetics (CND) Third Year Semester- VI November 2024 Examination

Time- 2.30 Hrs [Max Marks: 80]

Improving Health Nutrition: IEC Approaches Q.P Code: N6500

Your answers should be specific to questions asked. Draw neat labelled diagrams wherever necessary

LONG ESSAY

2X10 = 20 Marks

- 1. Describe the principles of Health Education and mention the barriers of communication. (5+5)
- 2. What is Focus group discussion (FGD)? Write the steps in detail. (3+7)

SHORT ESSAY

6X5 = 30 Marks

- 3. Seminar vs Symposium.
- 4. Health Education vs propaganda.
- 5. What is primary health care approach in Health education?
- 6. Mass media vs Personal Communication.
- 7. Role of Audio-visual aids in health education.
- 8. Ottawa Charter of Health Promotion.

SHORT ANSWER

10 X 3 = 30 Marks

- 9. School Health Education.
- 10. Role of social media in health education.
- 11. List functions of Health Communication.
- 12. Name some effective methods for Communicating the youth.
- 13. Formal and Informal education in IEC
- 14. Role playing in Health Education.
- 15. What is Folk media of Communication? What are its advantages?
- 16. Brain storming
- 17. Delphi method in health education.
- 18. Printed material in Health education.

Sri Devaraj Urs Academy of Higher Education & Research (A Deemed to be University)

Integrated B.Sc. –M.Sc. Clinical Nutrition and Dietetics Third Year Semester-VI Examination

Time: 2.30 Hours Max. Marks: 80

Subject: FOOD PRESERVATION Q.P Code: N6510

Your answers should be specific to the questions asked. Draw neat labeled diagrams wherever necessary.

LONG ESSAY

2X10=20 Marks

- 1. Discuss the role of enzymes in food spoilage
- 2. List the types of ionizing radiation and explain their applications in food irradiation process.

SHORT ESSAY 6X5=30 Marks

- 3. Write the advantages and disadvantages of freeze drying.
- 4. Explain Moisture sorption isotherms.
- 5. Write the process of ice crystal formation
- 6. Discuss the changes occurring in quality attributes of dried foods
- 7. Write the different types of concentration techniques employed in foods
- 8. Write the indications of rat infestations and methods to control.

SHORT ANSWER 10 x 3 = 30 Marks

- 9. Spoilage yeasts
- 10. list any two difference between Gram +ve and Gram -ve Bacteria
- 11. Spoilage specific organisms
- 12. List the types of pasteurization techniques.
- 13. Microbial rancidity
- 14. Define Nano filtration
- 15. Metaboisis
- 16. What is sterilization and its importance in food safety?
- 17. Define canning and its benefits.
- 18. What is blanching and its purpose?

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Integrated B.Sc.-M.Sc. Clinical Nutrition and Dietetics (CND) Third Year, Semester- VI, November 2024 Examination

Time- 2 Hrs 30 Mins [Max Marks: 80]

PUBLIC HEALTH NUTRITION OP Code: N6520

Your answer should be specific to the question asked Draw neat labeled diagrams wherever necessary

LONG ESSAY 2x10= 20 Marks

- 1. Explain the clinical manifestations and preventive measures of vitamin A deficiencies
- 2. Define Public Nutritionist. Discuss the role of Public Nutritionist in Health Care Delivery

SHORT ESSAY 6x5=30 Marks

- 3. Explain the evidence-based health determinants
- 4. Explain the factors influence the framework of Food and Nutrition Security
- 5. Write a short note on national nutrition policy
- 6. Describe the etiology of major nutritional problems
- 7. Discuss the Current Role of food security on Public Health
- 8. Describe the mortality indicators of health

SHORT ANSWER 10x3=30 Marks

- 9. Define health
- 10. Mention the nutritional indicators of health
- 11. Define population dynamics
- 12. Mention the determinants of Fertility in India
- 13. Define Morbidity
- 14. Define lathyrism
- 15. Define food insecurity
- 16. Define Nutritional status
- 17. Name the causes and clinical manifestations of Obesity
- 18. Define health economics